

NUTURING HANDS CELEBRATES GRAND OPENING WITH WEST HARTFORD CHAMBER & TOWN OFFICIALS



The Town of West Hartford recently welcomed **Nurturing Hands** to their new location at 777 Farmington Avenue. The Chamber of Commerce and Town Officials joined Nurturing Hand's staff, family and friends to celebrate with a ceremonial ribbon cutting lead by Mayor Scott Slifka.

The co-owners of Nurturing Hands, LLC, Wendy Payton and Deby Van Ohlen, welcome current and new clients to their expanded space. Yvette Law, Nicole Arel, John Erwin and Craig Wilkinson are also therapists at Nurturing Hands. All provide therapeutic massage, with the goals of wellness, muscle vitality and relief from pain along with the training and knowledge to address specific conditions (such as sciatica, anxiety, plantar fasciatis, pulled muscles, etc.). Nicole has a focus on deeper tissue work that often incorporates her Thai massage training. Yvette specializes in Reflexology and Hot Stone Massage. John specializes in orthopedic massage, using his advanced training to improve various musculoskeletal issues. Craig's work utilizes different forms of stretching due to his work with athletes. Wendy's niche is Burnham Systems Facial Rejuvenation in addition to Spa Treatments and she brings her wealth of experience --29 years-- as a massage therapist. She is also the creator of Nurturing Essentials, a body care line being used in spas throughout the Northeast and available at Nurturing Hands. Deby's massage work focuses on deep therapeutic relaxation in conjunction with specific work on areas of stress or injury (rotator cuff, chronic neck pain, etc.). Visit their website, www.nurturinghandsllc.com, for more information.

Photo (left to right): Deby Van Ohlen, co-owner; Wendy Payton, co-owner; Mayor Scott Slifka; and Marjorie Luke, president, West Hartford Chamber of Commerce